



Upward Basketball and Upward Cheerleading Commonwealth Chapel, Crestwood, Mt. Pisgah, St. Mark's 100 Days of Prayer List

| Day | Date | Pray For... |
|-----|-------|---|
| 1 | 11/25 | A wonderful spirit among all involved |
| 2 | 11/26 | Coaches contacting their players or cheerleaders |
| 3 | 11/27 | Placement of league order to be handled smoothly |
| 4 | 11/28 | Encouragement for league administrators |
| 5 | 11/29 | The teaching of the season's 3 core values: Honesty, Patience, and Kindness |
| 6 | 11/30 | Upward coach development meeting 6 pm – 8 pm at Crestwood |
| 7 | 12/1 | Individuals to volunteer to referee |
| 8 | 12/2 | All the Youth (High School & Middle School) that volunteer in our league |
| 9 | 12/3 | Players/cheerleaders to gel and teams/squads thrive |
| 10 | 12/4 | Game-day volunteers to be secured |
| 11 | 12/5 | Upward coach development meeting 6 pm – 8 pm at Crestwood |
| 12 | 12/6 | End-of-Season Celebration details to come together |
| 13 | 12/7 | First week of Kindergarten Division practice |
| 14 | 12/8 | Coaches and parents to begin good relationships |
| 15 | 12/09 | Uniform Pick-up & League Appreciation Event, Dick's Sporting Goods |
| 16 | 12/10 | Second week of practice with devotion teaching Honesty |
| 17 | 12/11 | Practice Night Monitors |
| 18 | 12/12 | Coaches to be patient |
| 19 | 12/13 | Children to listen and want to learn |
| 20 | 12/14 | Parents to be encouraging |
| 21 | 12/15 | All participating players and cheerleaders |
| 22 | 12/16 | New friendships |
| 23 | 12/17 | All remaining practice devotions for Basketball & Cheerleading |
| 24 | 12/18 | Coaches to feel appreciated and valued |
| 25 | 12/19 | Teams to be unified |
| 26 | 12/20 | Healthy competition & respect among players to each other & authority |
| 27 | 12/21 | Our larger community |
| 28 | 12/22 | Parents to volunteer as Team or Squad Parent |
| 29 | 12/23 | Quality family time for all participants and volunteers |
| 30 | 12/24 | Open hearts |
| 31 | 12/25 | Our Upward Sports Partner Support Team (located in South Carolina) |

| Day | Date | Pray For |
|-----|-------|---|
| 32 | 12/26 | Our Site Coordinators (Crestwood, Mt. Pisgah, & St. Mark's) |
| 33 | 12/27 | Referees to be secured |
| 34 | 12/28 | Halftime leaders to be secured |
| 35 | 12/29 | Safety of all participants |
| 36 | 12/30 | Our prayer partners |
| 37 | 12/31 | Non-Christian players and cheerleaders |
| 38 | 1/1 | Non-Christian parents |
| 39 | 1/2 | A safe start of practices |
| 40 | 1/3 | Safety for all players and cheerleaders |
| 41 | 1/4 | Coaches who need spiritual growth |
| 42 | 1/5 | Our pastors |
| 43 | 1/6 | A spirit of sportsmanship among parents |
| 44 | 1/7 | Team and Squad parents |
| 45 | 1/8 | Coaches as they share devotions with players and cheerleaders |
| 46 | 1/9 | Preparation of the hearts of those who will hear the gospel |
| 47 | 1/10 | A smooth and organized first game day |
| 48 | 1/11 | Smooth practices and teaching of the virtue of Patience in devotions |
| 49 | 1/12 | Safe travel to and from practices and games |
| 50 | 1/13 | (First game day) Those leading halftimes today |
| 51 | 1/14 | The opportunity to invite families to our church |
| 52 | 1/15 | Our prayer commissioner |
| 53 | 1/16 | Our league director |
| 54 | 1/17 | A positive spirit on the court on Saturday |
| 55 | 1/18 | Kindergarten / 1 st grade coaches (co-ed division) |
| 56 | 1/19 | Cheerleading coaches |
| 57 | 1/20 | (Second game day) Those leading halftimes today |
| 58 | 1/21 | 1 st – 2 nd grade coaches (boys); 2 nd – 3 rd grade coaches (girls) |
| 59 | 1/22 | 3 rd – 4 th grade coaches (boys) |
| 60 | 1/23 | 5 th – 6 th grade coaches (boys); 4 th – 6 th grade coaches (girls) |
| 61 | 1/24 | Picture day to go well |
| 62 | 1/25 | Game-day volunteers |
| 63 | 1/26 | Our coach commissioner |
| 64 | 1/27 | (Third game day) Those leading halftimes today |
| 65 | 1/28 | Our referee captains (Crestwood, Mt. Pisgah, & St. Mark's) |
| 66 | 1/29 | Referees |

| Day | Date | Pray For... |
|-----|------|---|
| 67 | 1/30 | Our cheerleading commissioner |
| 68 | 1/31 | Operation of clocks, scoreboards, and other details |
| 69 | 2/1 | Players and cheerleaders with difficult family situations |
| 70 | 2/2 | Consistent prayer among prayer partners |
| 71 | 2/3 | (Fourth game day) Those leading halftimes today |
| 72 | 2/4 | The witness of coaches at home and at work |
| 73 | 2/5 | Parents who are not involved with their child's league |
| 74 | 2/6 | Those without a church home |
| 75 | 2/7 | Church members to reach out to those without a church home |
| 76 | 2/8 | Halftime commissioner |
| 77 | 2/9 | Safety for everyone traveling |
| 78 | 2/10 | (Fifth game day) Those leading halftimes today |
| 79 | 2/11 | Players' and cheerleaders' Moms and Dads |
| 80 | 2/12 | A smooth practice week and teaching of the virtue of Kindness in devotions |
| 81 | 2/13 | The witness of players and cheerleaders at home and at school |
| 82 | 2/14 | The ministerial staff and their families |
| 83 | 2/15 | Children in first-grade |
| 84 | 2/16 | Children in kindergarten |
| 85 | 2/17 | (Sixth game day) Those leading halftimes today |
| 86 | 2/18 | Children in second-grade |
| 87 | 2/19 | Children in third-grade |
| 88 | 2/20 | Children in fourth-grade |
| 89 | 2/21 | Children in fifth-grade |
| 90 | 2/22 | Last practice devotions and communications of the Gospel and virtue of Love |
| 91 | 2/23 | Children in sixth-grade |
| 92 | 2/24 | (Seventh game day) Those leading halftimes today |
| 93 | 2/25 | Preparation and details for our End-of-Season Celebration |
| 94 | 2/26 | All Upward families |
| 95 | 2/27 | Our Speaker for the End-of-Season Celebration |
| 96 | 2/28 | Enthusiasm to remain high |
| 97 | 3/1 | Safe travel for all guests to the End-of-Season Celebration |
| 98 | 3/2 | Final preparation for the End-of-Season Celebration |
| 99 | 3/3 | (Eighth game day) Those leading halftimes today |
| 100 | 3/4 | End-of-Season Celebration – Sunday, March 4 |